



Hillsboro School District Form

Athletic/Activity Programs Participant Information

Sport/Activity _____ Name of Participant _____ ID Number _____ Graduation Year _____ Date of Birth _____ M <input type="checkbox"/> F <input type="checkbox"/> Year in School 9 <input type="checkbox"/> 10 <input type="checkbox"/> 11 <input type="checkbox"/> 12 <input type="checkbox"/> School Attended Last Year _____ Family Doctor: (Name and Phone #) _____	Parent's Name _____ Parent's Home Phone _____ Parent's Daytime Phone _____ E-Mail _____ Home Address _____ Emergency Contact Other than Parent: (Name and Phone #) _____
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Your child has expressed a desire to participate in a Hillsboro School District 1J athletic/activity program. The athletic/activity staff and administration of the District believe there is certain information concerning such participation which may be helpful to you. **Please read and sign this information form and return it to the appropriate school.**

1. Each participant **must purchase an ASB sticker** for his or her student identification card.
2. Student athletes (not activity participants) entering the ninth grade, new students, and students entering the eleventh grade must have proof of a physical examination before participating in an athletic program.
3. Each participant must either purchase a medical insurance plan available through the school or show evidence of private medical insurance.
4. Hillsboro School District 1J is not liable for any medical, dental, or hospital bills occurring as a result of injuries incurred by a student while participating in a supervised activity. Such bills shall be the responsibility of the student's parents or guardians.
5. Each student will be held monetarily accountable for school equipment issued as a participant.
6. Athletic/activity participants may be photographed or their name included in District publications, including the District website.
7. **OSAA maximum participation fees shall be \$400 per student or \$800 per family for the current school year for athletics and activities. All fees must be paid in full by the last day of the season. Your student will not be permitted to participate in any additional athletics or activities with an outstanding balance. If you are unable to meet the final payment date, you must call the school to make payment arrangements.**
8. All participants are expected to conform to the rules of scholastic eligibility, participation, and behavior standards prescribed by the Oregon School Activities Association, Hillsboro School District 1J, and the athletic/activity staffs. **SEE BEHAVIORAL STANDARDS ON BACK.**

PHYSICAL EXAMINATION

Physical exams are required for all first-time participants, students entering ninth grade, and students entering the eleventh grade. All physicals are required to be recorded on the state form as per ORS 336.479. Successful results of the physical examination are required for participation. These physicals are the responsibility of the family and the family physician. On years when physicals are not required, an athlete may continue participation on a signature of a parent. A student who is diagnosed with a significant illness or has a major surgery must have a physical examination prior to further participation in extracurricular sports.

INSURANCE

Accident Insurance Provider Name: _____	Insurance Policy Number: _____
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Parent's signature below affirms they will keep this policy in effect for the duration of the student's participation.
It is the responsibility of the parent to notify the school of any changes in insurance provider or policy number.

I give permission for my child to participate in the Hillsboro School District 1J athletic/activity program, realizing that such activity involves the potential for injury which is inherent in all athletics/activities. I acknowledge that even with the best coaching, use of the most advanced protective equipment and strict observance of rules, injuries are still a possibility. On rare occasions, these injuries can be so severe as to result in total disability, paralysis, or even death. I further recognize that medical treatment on an emergency basis may be necessary at a time when I am not available to give my consent in advance of such emergency care, and hereby give permission to Hillsboro School District 1J to authorize such care as may be deemed necessary under the existing circumstances. **I acknowledge that I have read and understand this warning, other information contained on this form, and the Academic Standards for athletic/activity participants as stated in the Hillsboro School District 1J Standards of Student Conduct.**

PARENT SIGNATURE _____	DATE _____
PARTICIPANT SIGNATURE _____	DATE _____

PARTICIPATION FEE PAID: Yes <input type="checkbox"/> No <input type="checkbox"/>	OSAA Athletics \$200 per sport OSAA Activities \$150 per activity	Received \$ _____	Date _____
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MY CHILD IS APPROVED FOR FREE LUNCH: Yes (Verification Required)

I am requesting a waiver of the Participation Fee and I authorize the school to verify my student's free lunch status.

DATE _____ **PARENT WAIVER REQUEST SIGNATURE** _____

Athletic/Activity Behavioral Standards

Participants in athletic/activity programs will adhere to all behavioral standards which includes use of social media at all times throughout the **calendar** year. Representing a school as part of an athletic/activity program is a privilege, and with the extra returns go certain responsibilities. The goal of behavior and conduct standards is twofold:

1. Participants in athletic/activity programs shall present and conduct themselves (including social media) in a manner that will bring credit to themselves, the student group or team they represent, and their school
2. All athletic/activity participants will strive continually to improve themselves by attaining standards higher than those asked of the general student.

*All behavior standards are listed in the Student Code of Conduct

Along with these behavior expectations, the following standards will be in effect for all students who represent their school as participants in athletics/activities.

SUBSTANCE ABUSE DEFINITIONS AND STANDARDS

1. A student-athlete is defined as a student who is a member of an OSAA sponsored team or competitive club member, ninth through twelfth grade. Athletic training standards require that athletes agree not to possess, use, sell, or provide alcohol, tobacco, or illegal/unauthorized drugs or related paraphernalia at any time throughout the **calendar** year. Student-athletes agree not to be present where unlawful use of alcohol or drugs may occur throughout the **calendar** year.
2. Activity participants are defined as participants in OSAA school-sponsored groups and other District sponsored groups which represent the school publicly or in competition with other schools. Activity participants agree not to possess, use, sell, or provide alcohol, tobacco, or illegal/unauthorized drugs or related paraphernalia at any time throughout the **calendar** year. Activity participants agree not to be present where unlawful use of alcohol or drugs may occur throughout the **calendar** year.

PENALTIES

First Offense:

The student shall be suspended from participation in **50%** of the contests for that season according to the Athletic/Activity Contest Suspension Chart. If the student completes a drug and alcohol assessment and follows through with the recommended course of treatment, the suspension will be reduced to **20%** of contests. The student shall be suspended while going through the assessment process.

a. The athletic director or school administration will notify parents of the eligibility rules violation and consequences. Every reasonable effort will be made to contact parents prior to implementing the consequence.

b. During the suspension period, the student shall remain a member of the team and is required to practice and attend (not participate) all contests.

c. Suspensions will carry over from one season to the next if the terms of the suspension have not been completed. Suspensions will be carried on to the next school year if necessary.

Second Offense:

The student shall be suspended from participation for **ONE calendar year**

The athletic director or school administration will notify parents of the eligibility rules violation and consequences. Every reasonable effort will be made to contact parents prior to implementing the consequence.

Third Offense:

The student will lose the privilege to compete in all Athletics and Activities outlined above for the remainder of his/her high school career. The athletic director or school administration will notify parents of the eligibility rules violation and consequences. Every reasonable effort will be made to contact parents prior to implementing the consequence.

OSAA ACADEMIC STANDARDS

In order to meet academic standards, a student must meet the OSAA and Hillsboro School District eligibility requirements stated below to participate in OSAA programs:

1. Meet the OSAA requirements of (1) having passed five subjects (2.5 credits) the previous semester; (2) be enrolled and doing passing work in at least five subjects the current semester; (3) must also be making **adequate satisfactory** progress towards earning a degree as outlined in OSAA rule 8.1.1. **Students not meeting OSAA requirements, by rule are INELIGIBLE for the entire semester/trimester.**
2. Pass all subjects or receive a 2.0 GPA on the previous grading period (quarter or semester). Summer school grades may be added to the previous semester.

ATHLETIC EQUIPMENT

Generally, all competitive equipment is supplied by Hillsboro School District 1J with the exception of personal items and shoes. The coach will issue all of these supplies. No equipment is to be worn or used off the school campus unless officially competing or practicing. Competition uniforms or warm-ups are not to be worn for practice. Athletic uniforms are not to be worn for physical education classes. Equipment lost by the player will be paid for by the individual at the replacement value of the lost item.

HAZARDOUS TECHNIQUES

Coaches are cautioned not to use techniques which might be hazardous to the health and safety of squad members. Therefore, coaches shall not:

- Advise players to lose weight by any crash diets or rapid dry-out techniques, experiment with the use of vitamins, steroids, or any food additives or medication which might influence changes in body weight or growth. Weight reduction decisions are the responsibility of the participant, parents or guardian, and the family doctor.